



Open training camp for sambo and judo among athletes over 17 years. 3-6 January 2026. Moscow, Russia.

1. Date

January 3th – 6th 2026

Training program is attached to the outlines!

2. Organizer

FSM- Federation Sambo Moscow

Address: Hotel Astrus, 146 Leninskiy Av., Moscow, 119526

Moscow

Tel: + 7 495 600-60-20

Russia

Fax: + 495 600-61-08

Emergency Contact: Mr. Denis Pavlov Tel: +79067722514, Mail:

sambo70camp@mail.ru

3. Venue

Sports and Education Center Sambo-70

Akademika Vinogradova str. 4 “b”, Moscow, Russia

4. Participation

All athletes can participate at the TC.

5. Age

17 years old and over (Born in 2008 and before)

6. Participation Fee

3000 RUB per participating athlete of Non-Federation Sambo Moscow member

7. Responsibility of the athletes

The athletes will train under the full responsibility of their National Federations or Sportclubs. Each National Federation or Sportclubs is responsible for insuring its athlete against 'injury and third part risk (public liability)' during the period of the camp. Sports and Education Center Sambo-70 decline all responsibility.

8. Transport

Transport from the airport to the hotel will not be.
Transfer from the hotel to the hall will be provided.

9. Accommodation

Official hotel for participants "**Hotel ASTRUS**", address: Moscow, Leninsky Prospekt 146.

To provide accommodation and meals, it is required to send an application for accommodation to the e-mail address of the sambo70camp@mail.ru to issue an invoice to the payer (organization and / or individual) by **December 22, 2025**.

Price: the price is per room per day (accommodation, partial or full meals, transfer hotel-hall-hotel, participation in the collection)

Room category	Breakfast	Breakfast-Lunch-Dinner
1-bed room	6400	9000
2-bed room	8400	10700
3-bed room	12600	15750

Reservations will be processed strictly according to the date of your booking. In case your chosen category is fully booked, you will be informed and requested to make a new reservation.

Check-out not later than 12:00 am, otherwise an additional night will be charged.

Full board is starting with dinner on the day of arrival, and ending with lunch on the day of your departure.

10. Registration

Starts on January 3th at 14:00 at Hotel "ASTRUS", 146, Leninskiy av., Moscow.

11. Deadlines

Nominal Entry: 27.12.2025

Accommodation Entry: 22.12.2025

Visa Application: 05.12.2025

12. Cancellation policy

After December 23th 2025: no refund

13. Visa

For nations who need VISA to enter Russia, please send the enclosed "Visa Application Form"

fully filled not later than December 05, 2025 to sambo70camp@mail.ru.

14. Training program

Date	9:45 – 11:00 (New complex)	11:30 – 13:00 (New complex)	16:00 – 17:30 (New complex)	18:00 – 19:30 (New complex)
3 January 2026 years – 17:30 Opening Ceremony				
3 January 2023			Men: under 71 kg. Women: up to 72 kg. 5 x 4' – wrestling in the stalls 5x 5' – standing wrestling	Men: over 71 kg Women: over 72 kg 5 x 4' – wrestling in the stalls 5x 5' – standing wrestling
4 January 2023	Men: under 71 kg. Women: up to 72 kg. 2 x 3' wrestling in the stalls 6 x 5' wrestling standing	Men: over 71 kg Women: over 72 kg 2 x 3' wrestling in the stalls 7 x 5' wrestling standing	Men: under 71 kg. Women: up to 72 kg. 2 x 3' wrestling in the stalls 7 x 5' wrestling standing	Men: over 71 kg Women: over 72 kg 2 x 3' wrestling in the stalls 6 x 5' wrestling standing
5 January 2023	Men: over 71 kg Women: over 72 kg 2 x 3' wrestling in the stalls 6 x 5' wrestling standing	Men: under 71 kg. Women: up to 72 kg. 2 x 3' wrestling in the stalls 7 x 5' wrestling standing	Men: over 71 kg Women: over 72 kg 2 x 3' wrestling in the stalls 7 x 5' wrestling standing	Men: under 71 kg. Women: up to 72 kg. 2 x 3' wrestling in the stalls 6 x 5' wrestling standing
6 January 2023	All sportsmen Start training 10:30 AM 2 x 3' wrestling in the stalls 6 x 5' wrestling standing		Departure of teams	

The program may be modified according to the total number of entries. A final program including a detailed training schedule will be handed out during registration.

Participants warm up on their own until training begins – this is the start time of the training matches.